

Our Chalet Program Ideas

Many thanks to Catt Moody (Guest Services Coordinator) for assistance with the craft ideas. Visit <http://www.ourchalet.ch/en/resources/> for more information and ideas.

♣ Have a Swiss night and raise money for Our Chalet. You could include activities such as fondue, yodeling, making clock faces and wood carving.

♣ **Snowflakes** are another popular activity with the guests. It is perfect for the lead up to Christmas and with a little bit of glitter or other sparkly items it makes the perfect Christmas decoration. To make a snowflake you will need:

- Paper
- Glue
- Scissors

Step 1

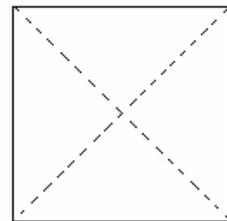
Cut out six squares of equal size



1.

Step 2

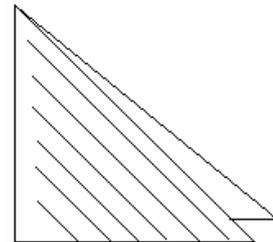
Fold each of your squares into triangles twice.



2.

Step 3

Start cutting strips along the hypotenuse of all of the triangles. The thinner they are, the harder the gluing will be. They should be approximately the same width.



3.

Step 4

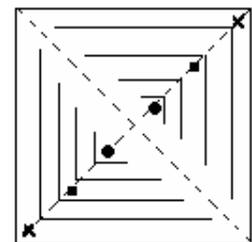
Unfold all of the squares. Start gluing your striped together on top of each other starting in the middle; put the dots together, squares together and crosses together. It is crucial that you skip every other pair of strips. Do the same to all the squares.

Step 5

Turn your thing around and do the same on the other side so that all of your strips are well glued together.

Step 6

Now you should have six identical sections. You need to glue them together to form a snowflake and use some thread to hang your creation up!



4.

♣ For Swiss National Day it is a tradition (especially in Adelboden) to either buy or make hand held **lanterns**. We use old tins at Our Chalet, so it is a good recycling activity too! To make a lantern you will need:

- Old tin with the bottom still attached (washed and the label removed)
- Water
- Nail and Hammer
- Glove
- An adult supervisor
- Wire
- Short stick to carry the can
- Tea light

Step 1

The night before you would like to make the lantern, fill your old tin up with water and put in the freezer. (This is to keep the shape of the tin while you are making the patterns)

Step 2 – must be with parental or adult supervision

Take your tin out of the freezer and make sure the water is frozen. Find a flat surface and put a glove on one hand. Holding the tin still in the hand wearing the glove (this way your hand will not get too cold) carefully using the nail (in the gloved hand too) and hammer start hammering a pattern. When you have made a hole with the nail, take the nail out and make the next one. Continue until the pattern is complete.

Step 3 – must be with parental or adult supervision

Make 2 holes near the rim on opposite sides so you can attach the wire. When you have made the holes put the tin outside and wait for the ice to melt. Attach the wire through one of the holes and then around the stick, through the other hole and put the tea light in the tin.



♣ This craft dates back hundreds of years. Paper was invented around 100A.D. in China and the art of paper cutting began at almost the same time. Eventually it came to Austria and then all over Europe where you find that white cut work is much older than black.

In Germany, paper cutting became known as **Scherenschnitte** and was very popular with ladies who had plenty of leisure time. They made wall hangings and gifts which were much sort after as they are to-day. Paper cutting started in Switzerland in the 1800's and is still a very popular craft in the 21st century.

Some Scherenschnitte is made with folding and cutting techniques. Cut out the three rectangles - crease on fold line and cut round each heart, taking care to keep flowers. Arrange three cut hearts into a Trefoil, cut out your stem, mount all pieces on black card in position as shown.

Minimal tools and materials are needed:– paper, pencil, fine scissors or craft knife, rulers, card stock, (self-sealing cutting mat if craft knife is used).

Use

- white paper/black card or
- black paper/white card

This is a folk art that devolved hundreds of years ago and is still very much alive. Artists can express their feelings, like story-telling and can reach the hearts of the people at the same time, because of its simplicity and detail a piece of Scherenschnitte can be enjoyed forever.

For friends with limited mobility to simulate the art of Paper Cutting why not use

- black 'peel-offs' on white card stock or
- white 'peel-offs' on black card stock

Source: Girlguiding UK Trefoil Guild
FOLD CARD ALONG DOTTED LINE

